Advertising and Obesity in the United States

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Intro

- Advertising Age
- Food coverage
- Just to stipulate...

Agenda

- A little about food
- Where ads have come from
- How and why the industry's advertising has responded
- The different case for adults
- How kids are targeted today
- What's "health & wellness"

Food industry

- Fast food industry
 - \$188 billion, limited service (Technomic)
 - \$3 billion, quick service (TNS)
- Packaged food industry
 - Food, beverage and packaged goods industry is \$2.1 trillion (Grocery Manufacturer's Assoc.)
 - \$1.7 b, in "prepared foods" adv (TNS)
- Better-for-you marketing still small

History

- Many years of unregulated behavior
- Sugary and fatty foods were among the most pointed in their advertising, particularly to children
- Examples from a few decades ago show some progress

Kellogg



McDonald's



Better Business Bureau

- Kids Advertising Initiative 2007
- Kraft, Kellogg, McDonald's, Burger King and others sign on
- Different standards
- The end of the happy meal

Fast Food Focus

- Fast food companies have arguably been under higher scrutiny, as a result of the movie "super size me" and "fast food nation."
- McDonald's as the biggest player in the industry, has had to adopt some of the toughest standards. Last fall, the chain, got flack for sponsoring report card jackets for a Florida school district. The sponsorship offer was unsolicited, but one parent's complaint turned the report cards into a national story.

But adults are still fair game

Burger King: Meatnormous

Wendy's: Meatatarian

And so on



Kellogg: Earn Your Stripes

- The Phelps Factor
- Frosted Flakes v. Wheaties
- The "Activity point" concept

What's health & wellness?

- Ask the experts they don't know, either
- Labeling remains unregulated
- Market is increasingly saturated
 - Smart spots, smart choice, healthy choice